

CHA FOUNDATION
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CHA Cambridge Health Alliance
Foundation

Dedicated to
RoAnn Costin,
our outgoing CHA
Foundation Chair.

Thank you for your
tireless and generous
support and your
many years of
gracious leadership.





Dear CHA Giving Community,

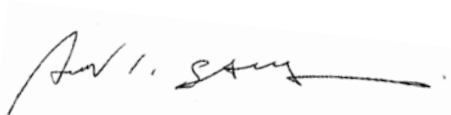
One of the most rewarding aspects of our work is to be a part of something bigger than ourselves. The CHA Foundation allows us to step in and support local patients and families beyond providing excellent healthcare services in addition to investing in our future.

Many CHA patients live below the federal poverty level, identify as a racial/ethnic minority (56%), and speak a primary language other than English (42%). CHA has the highest concentration of patients with public health insurance of any acute hospital in the state (57%) and a significant number (8%) have no insurance. Most also face additional challenges like housing and food insecurity. In short, many of our patients are struggling.

This year, we're highlighting a few of the many programs and services funded by your generous donations. Whether it's improving maternal health outcomes or expanding access to critical mental health care, donors joined us in our mission of improving the health of our community by giving to CHA.

We're also preparing for what lies ahead with long term efforts to invest in our systems with capital improvements, workforce development, and innovative ways to meet the clinical needs of our patients. Philanthropy continues to be a cornerstone of CHA's success.

We value our donor partnerships. Together we're making a difference in people's lives and transforming our future.



Assaad J. Sayah, MD
Chief Executive Officer



Susie Posner-Jones, MHA
President, CHA Foundation
CHA Chief Development Officer

Nationally recognized
for our community
focused care.



Named #1 in
Massachusetts
for Serving its
Community
(Lown Institute)

Honored for
surgical quality
(American College
of Surgeons)

One of
Newsweek's
Best Maternity
Hospitals 2021,
2022 and 2023





LGBTQ Health
Care Equality
Leader (HEI)

Best-in-state Employer
(Forbes Magazine)



Earned A grades for
Inclusivity, Social
Responsibility, Health
Equity, and more.





"We recognize the critical importance of nurses who care for those in our communities who are most in need. We also know the healthcare system has faced immense challenges in recent years to retain and grow a diverse, empowered and thriving nursing profession. Investing in the training and leadership of nursing is something we believe in and are honored to support at CHA." **PDB Foundation**

A Nursing Workforce for the Future

CHA launched a new professional development program for nurses thanks to a generous \$1 million gift from the PDB Foundation. The new program was developed for nurses to enhance their knowledge and leadership skills and includes a special focus on equity and inclusion – strengthening our commitment to nurses who represent our diverse communities.

Over the next four years, hundreds of CHA nurses will have access to professional development through distinguished thought leaders at the Organization of Nurse Leaders (ONL) and other professional development partners. This provides an exciting new pathway for nurses to grow their careers.



TOGETHER

We create pathways for building nursing leadership and expanding nursing knowledge across CHA.

We expand equity and inclusion by supporting diverse nurses who represent the communities we serve.

We invest in a workforce for the future.

Doulas Improve Maternal Health

In 1996, CHA pioneered the first hospital doula program in Massachusetts. Both patients and providers affirmed the profound improvement in maternal health outcomes – increased breastfeeding rates, fewer medical interventions and more positive birth experiences.



With a new grant from the Massachusetts Attorney General and the continued generous support of Roots & Wings Foundation, CHA will continue to improve outcomes by expanding doula access to all eligible patients. Our new doula program will address ways in which systemic racism and implicit bias influence health outcomes for the people we serve and eliminate health disparities for our diverse patient population.

“Children deserve a strong start in life so they can reach their full potential. Roots & Wings appreciates the range of programs and services CHA offers to ensure children and families have the care and support they need – beginning with prenatal care and extending through the first three years of life.” **Roots & Wings Foundation**



TOGETHER

We hire and train doulas from the community we serve and provide a pathway for certification.

We provide language and cultural support for our patients throughout their birth experience.

We offer doula-led childbirth education classes and postpartum groups for Brazilian Portuguese, Spanish, and Haitian Creole speaking birthing families.

We improve maternal health outcomes.



"The CBHCs have increased access to timely behavioral health services, providing care when individuals need it most, providing a safe and effective alternative to utilizing emergency departments for treatment of routine and urgent behavioral health problems and improving access to needed ongoing services." **Carl Fulwiler, MD, PhD, Chair and Chief of Psychiatry**



Community Connects to Behavioral Health

A national mental health crisis – with more people in need, more acute issues (especially in younger populations), lack of available beds and limited access to care – continues to drive people in crisis to places not designed to provide complex psychiatric care. This has resulted in overcrowded emergency departments where people are left without adequate care and where symptoms worsen. In response, CHA has partnered with the state to provide a unique solution, two Community Behavioral Health Centers (CBHCs).

CBHCs are a new model of behavioral health care designed to expand access to routine, urgent, and crisis treatment for mental health conditions and substance use disorders. By increasing access, CHA is improving care, especially for people in crisis.



TOGETHER

We opened new Community Behavioral Health Centers in Cambridge and Malden.

We provide routine appointments and urgent visits.

We provide 24/7 mobile crisis services in homes, schools and other community locations.

We successfully divert patients with psychiatric needs from CHA Emergency Departments and local police departments by getting them connected to care.

World of Interpreters

CHA, a pioneer in medical interpreter services, is responding to a looming shortage of trained interpreters with an innovative approach. Partnering with multiple community groups and with generous support from Eastern Bank Foundation, the CHA Multicultural Affairs and Patient Services (MAPS) team will train bilingual, low to moderate income individuals to become certified medical interpreters. The program will not only address the need for more interpreters but also increase diverse representation in our workforce.



TOGETHER

We increase diversity and representation of the CHA workforce.

We partner with community groups.

We support existing interpreters to achieve national certification.



"Eastern Bank Foundation is working to advance economic inclusion and mobility in underserved communities. We're pleased to support this important initiative allowing people to grow their careers, fill much needed positions, and improve healthcare experiences by helping patients communicate about their care in their native language." **Nancy Huntington Stager, Eastern Bank Foundation President & CEO**

Healing **Our Communities**

Street Medicine

Provided health care for 369 unhoused people in local soup kitchens, drop-in centers, and on the streets of Somerville and Cambridge.



Revere Mobile Market

Food insecurity impacts one in three people in Massachusetts. In the past 12 months, the Revere Mobile Market provided 155,605 pounds of food for our patients and community residents.



Teen Health Centers

Provide access to primary care and sexual reproductive health to teenagers in Cambridge, Somerville, Everett, and Malden high schools.



Teen Oral Health Access

The CHA Somerville Teen Connection Oral Health Access program helped bring quality oral health prevention, counseling, routine, and emergency services to over 200 newcomer high school students since 2018.



Look ahead: **Expanding Access**

1 Cabot Road, Medford, MA

Opening in phases starting in 2025, with ample parking and a central location, our new care center will offer:

- Expanded primary care services
- Integration of Orthopedics, Rehabilitation, and Podiatry in one larger, flagship program
- New procedure rooms
- Additional service expansions to improve access to care

Community Health Workers Take on Hypertension

With a comprehensive community health needs assessment, CHA helped identify hypertension as a critical health issue in our local Brazilian and Haitian communities. CHA community health workers are responding with targeted outreach, blood pressure screening events, and education. They've already held 23 screening events serving an impressive 215 participants.



Join us in 2024!

Move for Books ♦ April 12-28, 2024

Art of Healing Gala ♦ June 20, 2024

Leadership Sponsor:



Golf Invitational ♦ September 16, 2024

Look back: 2023 Events

♦ Move for Books

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Katherine Miller, MD
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Martha and David Osler, MD
Sarah Swettberg

Children's Book

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Brandon Pleman, MD
Brattle Book Shop
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Christopher Bridges
Community Credit Union
Daphne E. Schneider, MD
David Martel
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